

WSWE Monthly Program

February 17, 2011

8:00am – 10:00 am

Location: Ashton Place 341 75th Street, Willowbrook, Illinois

Change Your Life: Renew Your Spirit

To change is to improve, so to be perfect is to have changed often. We renew our spirit when we realize that performance is grounded in the skillful management of energy.

Mary Kay Slowikowski will take us through tried-and-true methods that employ energy in an optimum way, which allows us to recharge, revamp and renew our spirit.

In this discussion, we'll identify the source of our energy by reviewing our experience and ability to expand and mobilize our energy for optimum results.

Mary Kay Slowikowski

CEO

[Slowikowski & Associates](#)



Mary Kay Slowikowski is an internationally known speaker and the first female speaker to appear nationally in her own Emmy-nominated PBS special.

A former victim of crippling panic attacks and agoraphobia, Mary Kay was once unable to leave her home – now she speaks in front of thousands.

Mary Kay started her own business with her husband and has trained and spoken to countless Fortune 500 companies like Kraft, McDonald's, Sprint, Pepsico and DuPont as well as dozens of Women's groups, Education groups, Health Care Systems, Direct Selling Companies and Government Agencies.

Mary Kay's ability to touch and teach audiences in a unique way is remarkable. Mary Kay doesn't come out of a book, she comes out of life.

Visit www.wswe.org for more information

\$40.00 for early bird registration by Feb. 14th, otherwise \$50.00

No Charge for WSWE Members